

Your Pet Does Not Need an Antibiotic Today!

Patient Name: _____

Date: _____

Good news! Based on a complete examination and the history you provided, your pet does not need treatment with an antibiotic. Here are some other recommendations to help your pet feel better.

FINDINGS FROM TODAY'S VISIT:

- | | |
|--|---|
| <input type="checkbox"/> Diarrhea (lasts about 5–7 days) | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Cough (lasts about 7–10 days) | <input type="checkbox"/> Nose discharge, with or without sneezing |
| <input type="checkbox"/> Cat urinary tract inflammation/cystitis (discomfort lasts about 3–5 days) | <input type="checkbox"/> Other: _____ |

Antibiotics will not help these conditions as they are not usually caused by bacteria. Sometimes bacteria do cause diarrhea, but most often it resolves on its own. Antibiotics should be used only when needed, because unneeded antibiotics can cause harmful side effects and promote antibiotic resistance.

HELP YOUR PET BY DOING THE FOLLOWING:

- | | |
|--|---|
| <input type="checkbox"/> Feed a bland diet. Recommended diet(s): _____ | <input type="checkbox"/> Limit exercise. Your pet needs to rest. |
| <input type="checkbox"/> Ensure your pet drinks enough. Offer a few water sources, and wet the food. | <input type="checkbox"/> Use a humidifier or place your pet in the bathroom (not the shower) and run hot water in the shower. |
| <input type="checkbox"/> Warm up food to enhance its smell. | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> To prevent sharing a viral infection, keep your pet away from other animals for _____ days. | _____ |
| | _____ |

NON-ANTIBIOTIC MEDICATIONS:

- ☐ Prescribed today: _____
- ☐ Recommended, if needed: _____

FOLLOW-UP:

- ☐ Please call or visit the clinic if your pet is not better in _____ days, if your pet's condition gets worse, or if you have other concerns.
- ☐ Recheck exam: _____ ☐ Clinic phone: _____
- ☐ Other: _____

Signed: _____

MDH Antimicrobial Use and Resistance Basics (www.health.state.mn.us/diseases/antibioticresistance/basics)

University of Minnesota Antimicrobial Resistance and Stewardship Initiative (<https://arsi.umn.edu>)

To obtain this information in a different format, contact cavsnets@umn.edu.

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